

# Maria Bello Reveals She Has a Long-Term Girlfriend



By Kerri Sheehan

Actress Maria Bello revealed that she has been dating her best female friend. When the *Grown-ups* actress decided to read through her old journals she learned that she often pinned people as her soul mate and when they broke her heart that made the fall all the worse. That's when she decided to give a relationship with her best friend, Clare a try. According to [UsMagazine.com](http://UsMagazine.com), Bello said, "It didn't occur to me, until that soul-searching moment in my garden, that we could perhaps choose to love each other romantically." Her family and friends have been supportive of the relationship so far.

**How do you come clean about a long relationship to family and friends?**

## **Cupid's Advice:**

It can be hard to share a long-term relationship with those who you don't think will approve. Let Cupid help you come clean.

**Related Link:** [Macaulay Culkin Kisses New Girlfriend Jordan Lane Price in Paris](#)

**1. Explain yourself:** If you've been hiding the relationship for some time then there is bound to be a specific reason. Explain fully to friends and family why you didn't want to tell them at first and they are likely to be more understanding.

**2. Remember that it's your life:** In the end those close to you may not approve of your lifestyle choice, but it's important to remember that it's your life, not theirs. Ultimately the relationships that you choose to be in affect you the most so if you're happy then that's all that matters.

**Related Link:** [What to Do When Your Mother Doesn't Like Your Partner](#)

**3. Listen to their perspective:** Sometimes friends and family will disapprove of whom you are dating. Although this is no reason to call off the relationship, it is okay to hear out your loved ones' concerns.

**How would you tell your family and friends about a long-term relationship? Share below.**