

Family is Everything in 'Homefront'



By April Littleton

Directed by Gary Fleder, *Homefront* stars Jason Statham as former DEA agent, Phil Broker. He is widowed father who decides to retire and move to a small town for the sake of his 10-year-old daughter. The film also includes James Franco, Kate Bosworth and Winona Ryder.

Should you see it:

Jason Statham is known for starring in some pretty action-packed thrillers and this film will be no different. So, if you're a fan of the action genre or you're familiar with any of the actors you'll see on the big screen, take a chance on *Homefront* – you won't be disappointed.

Who to take:

Don't be surprised if this movie is the first one on your boyfriend's list of must-sees. If you're flying solo over the Thanksgiving holiday, grabbing a bunch of your friends or family members to see this film won't be too out of the ordinary – just make sure they don't mind the fight scenes.

Related: [Jennifer Lawrence is Back in Hunger Games Sequel Catching Fire](#)

How do you help a child get over the loss of a parent?

Cupid's Advice:

The loss of a loved one is hard on anyone, especially if that person was a parent to a child. For children, a death is harder to understand and it may become more difficult for them to grieve properly and eventually accept that their mom/dad is gone. Cupid is here to help:

1. Help them understand: Whether your daughter/son is old enough to understand or not, the actual death of a parent will take him/her by surprise. When the time comes, it's important that you take the time to answer any and all questions your child might have. You need to help them understand why and how the loss of their family member happened. Acceptance won't happen over night and you shouldn't expect it to – be patient.

2. Don't punish: After the loss of your loved one, your child might act out. The sudden change from good to bad behavior is normal in this situation. He/she is just trying to work out all of their feelings and they don't really know how to react at a time like this, especially if this is the first death in the family. Give your son/daughter some time to try to work out their emotions on their own. If you noticed that nothing has changed for the better after awhile, think about seeing a professional therapist.

Related: [How to Support a Partner Whose Ex Passed Away](#)

3. Support them: Your child will need the support from you and the rest of your family now more than anything. All of you will need to be behind each other 100 percent. You can grieve together, help each other accept what's going on and stop each other from doing anything harmful to one another. Being supportive won't just benefit your child, but you as well. Remember, you'll be dealing with the loss just as much as anyone else.

What are some other ways to help a child get over the loss of a parent? Comment below.