

Christina Aguilera Dating 'Burlesque' Assistant Matthew Rutler



It looks as though Christina Aguilera is back in the dating game! Since separating from husband Jordan Bratman, Aguilera has been spotted out and about with Matthew Rutler, a set assistant from her new movie *Burlesque*. Most recently, Christina Aguilera and Matthew Rutler went on a double date with celebrity couple Nicole Richie and Joel Madden at Hollywood's SoHo House, according to [PopEater](#).

What are ways to tell you're ready to date after a divorce?

Cupid's Advice:

While it's important to take time to mourn the end of a marriage, you can't stay single forever! Cupid has some

advice on how to know when you're ready to date after a divorce:

- 1. You're okay being alone:** Don't jump into a rebound relationship right after a divorce. Take time to grieve, and get used to being by yourself before you start dating again.
- 2. You have a support group:** You shouldn't go through a divorce alone. Lean on friends and family when you're feeling low. They can also help you decide when you're ready to enter back into the dating world.
- 3. You're healthy:** Often people turn to alcohol or food to help ease the pain of a divorce. Make sure you don't overindulge too much, and wait until you're healthy before you start seeing someone new.