

Katharine McPhee Calls It Quits on Affair with Michael Morris



By Gabby Robles

Katharine McPhee is no longer seeing her boytoy, director Michael Morris. According to [People](#), a source spilled that the couple – who are both married to other people – aren't seeing each other "at least for now." McPhee and her husband Nick Cokas' relationship is still in limbo. The source also shared, "Katharine still has no plans to move forward with divorce at the moment, though they are not living together." It seems to be a very hard time for McPhee.

What are some ways to resist the temptation to be unfaithful?

Cupid's Advice:

If you think you're starting to have a wandering eye – whether it be for a few people or just one person – and you're committed, it's an issue. You need to nip it in the bud ASAP. Cupid has some advice on how you can handle your situation:

1. Think about it: Take a step back and think about why you want to do this. Think about how it truly benefits you emotionally and physically. Common reasons include boredom of routine, frustration in your partner, or even “the grass is greener on the other side” concept. If you feel this way, you need to...

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2. Talk about it: Bring it up with your partner. Know that they are going to be hurt and upset, but you need to figure out how to fix this issue as a couple. Maybe you just need to spice things up, or maybe you enjoy the appreciation that other people give you that your partner doesn't seem to give you much of. Express your needs, wants, and desires.

Related: [How Fighting Can Strengthen Your Relationship](#)

3. Remember why you're there: Think of why you're actually still in your relationship. If you were very unhappy, you would have ended things before, so why risk it all now? Think of the good qualities of your partner and your relationship. You'll find that being unfaithful is much bigger of a deal than you think it is.

What are some ways you have resisted the temptation to be unfaithful? Share your experiences below.