

Single in Stilettos Show: Why Self-Confidence is So Important in Dating



On this week's [Single in Stilettos](#) show, Jennifer Daure, transformational coach at Timeless Living, talks about the importance of self-confidence when dating. She reveals why self-assurance is so important when you're looking for love and what men really think about a woman with confidence. Plus, she shares her top three tips for ensuring that you possess poise before your next night out.

For more information about Single in Stilettos shows, click [here](#).

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How do you build up self-confidence in moments of doubt? Tell us in the comments below!