

David Arquette Is Expecting with Girlfriend Christina McLarty



By Kristyn Schwiep

David Arquette is expecting another baby with girlfriend Christina McLarty, [People](#) confirms. Arquette has a 9-year-old daughter from his previous marriage to Courteney Cox. McLarty and Arquette have been dating off and on since 2011.

What are some ways to cope with an unexpected pregnancy?

Cupid's Advice:

Getting pregnant can be a hard time for many couples, but dealing with an unplanned pregnancy can be even scarier. So how can you cope with an unplanned pregnancy? Cupid has some advice for you:

1. Don't give up: If you had other plans before you got pregnant, don't give up on your dreams. Take a moment to sit down with your partner and figure out a way that you both can follow your dreams with a baby in the picture. Keep telling yourself that everything will work out and it will.

2. Think positively: Stop thinking negatively about the situation and start thinking positively. Being negative will only add to your emotions and not in a positive way. Think about all the positive your baby will bring to your life and things should start looking up.

3. Talk to someone: Don't keep your emotions and feelings bottled up inside. Seek support from family and friends and talk about how you are feeling about the situation. Unplanned pregnancy can be a hard thing to deal with, but if you talk about how you are feeling with people who care about you things will get a lot easier.

What are some ways to cope with an unexpected pregnancy? Share your thoughts below.