Q&A: How Can I Ask My Friend to Stop Being Dramatic on Twitter?





Question from Emma P.: My best friend is a Twitter addict, and although I find her tweets hilarious, whenever her and her boyfriend are having issues, my timeline turns into a soap opera. How can I get my friend to stop the dramatics?

Answer from Our Love Experts:

<u>Suzanne Oshima, Matchmaker</u>: When it comes to social media, you're always going to have a friend or two who are complete drama queens and feel the need to publicly vent about their love life for the whole world to see. While you can tell your best friend to stop being dramatic with the public soap opera, I have to warn you that you run the risk of it negatively affecting your friendship. She probably won't want to hear it from you, even though you may be right.

If you really enjoy her humorous tweets when she's not having issues with her boyfriend, then I highly recommend you accept what you can't control...which is her life and how she chooses to tweet. And if you just can't accept it, then you should stop following her on Twitter because that's something you *can* control!

Robert Manni, Guy's Guy: One of the challenges we face with so much technology at our disposal is that people no longer confront their problems face-to-face or even by phone. Texting, e-mail, Facebook, and Twitter are great ways of conveying digestible snippets of information, but using these mediums to deal with emotional issues can be problematic. After all, it's hard to make an emotional connection in 140 characters or less. Your friend's tweeting as a way of dealing with her boyfriend is, ironically, probably exasperating what's wrong with her relationship. Instead of tweeting it out, she'd be better off talking things over with her boyfriend.

You can't address your timeline issue by tweeting back. Instead, reach out to her by phone or meet up in person to make a real connection where you can tell her how you feel. If she thinks that your getting together is "interrupting" her life, you might ask yourself is she really worth having as a friend.

For more information on our three dating and technology gurus, click <u>here</u>.

If you have any questions you would like answered by our experts, please submit them on our <u>Contact Page</u>.

Have you dealt with a friend who shared her relationship drama on Twitter? Share your story below!