

Rumor Alert: Are Kris Jenner and 'The Bachelor' Ben Flajnik Dating?



By April Littleton

Since Kris Jenner's celebrity divorce from Bruce Jenner, there's a celebrity dating rumor that she is now dating a former reality star of *The Bachelor*, Ben Flajnik. However, Flajnik spoke to [People](#) to get the record straight. "Kris is a very, very dear friend of mine," said Flajnik, who lunched with Jenner at Barney's in Beverly Hills on Friday. "We are not dating, we're just working on a couple of projects together, so that's why we've been seen out a lot as of late," he said.

This celebrity dating rumor spread like wildfire. What are some ways to keep rumors from affecting your relationship and love life?

Cupid's Advice:

Rumors can be the demise of a relationship and love if the things being said aren't addressed right away. It's up to you and your partner to have a clear line of communication and to let the truth be known when it's necessary. Cupid has some advice:

1. Talk about it: Don't let untrue information get the best of your relationship and love life. If you're unsure about something you've been hearing regarding your significant other, ask them about it. Sometimes, choosing to ignore a situation will only make matters worse. Make sure you continue to communicate with your partner in order to avoid any surprises when it comes to neighborhood gossip and news.

2. Dispel it: Whenever you hear a rumor going on about you and your honey, take initiative by making sure you set the record straight. If any of your loved ones ask you about something that happens to be misinterpreted or downright false, let them know the truth right away.

3. Don't think about it: No matter what you do, people are always going to talk about situations that have nothing to do with them – it's part of life. Rather than get yourself and your partner all worked up over nothing, simply choose to worry about things that really matter. Addressing rumors only adds fuel to the fire. If you brush off the problem, people will do the same and turn their attention to something else.

How do you keep rumors from affecting your relationship and

love life? Comment below.