

Is Britney Spears Dating Her Bodyguard?



While rumors of past infidelities surround her boyfriend and ex-agent Jason Trawick, Britney Spears might be again finding love within her closest circle. Photos from last month reveal that Spears is quite taken with her bodyguard, Ryan. While the status of her relationship with Trawick is unclear, she seems to “melt” whenever Ryan’s around, according to [OK! Magazine](#). **Can you have a healthy relationship with your hired help?**

Cupid’s Advice:

It may seem comfortable to date someone who works for you but be prepared for awkwardness if it doesn’t work out the way you

planned.

1. Approach with caution: Though it might be an easy affair to fall into, becoming involved with any hired help – whether it's a bodyguard, nanny, or gardener – can make life at home tricky. Make sure you have a conversation with the other person about their intentions before jumping into anything.

2. Set boundaries: In this case more than any other, it's key to draw lines between your personal and professional lives. The two are intertwined, but keeping things separate will lead to a healthier relationship.

3. Have a back up plan: Should the relationship go sour, it's key to have someone else in mind to cover your ex's job incase he or she decides to quit.