

# 'Glee' Star Dot-Marie Jones Is Engaged to Longtime Girlfriend Bridgett Casteen



By Kerri Sheehan

Coach Beiste is set to walk down the aisle! Glee star Dot-Marie Jones is officially engaged to girlfriend Bridgett Casteen. Jones, who is best known for her role as gym teacher Shannon Beiste on Glee, proposed to Casteen in Disneyland on Friday October 4th. According to [UsMagazine.com](http://UsMagazine.com) she said, "It's the happiest day of my life. I never thought I'd find somebody that is so loving and kind."

**How do you know when you've found "the one"?**

**Cupid's Advice:**

It can be hard to tell if the relationship you're in is a lasting one. Let Cupid help you decide if your lover is your

forever:

**1. You open up:** In the perfect relationship both halves are completely honest to their partner and themselves. Putting on a front and hiding how you really feel is the best way to destroy a relationship.

**2. Disagreement is okay:** Being together isn't about getting along one hundred percent of the time. Sometimes you have to disagree in order to keep your relationship strong.

**3. Fireworks:** When you've truly found the one you should still be seeing fireworks even months into the relationship. When making your love your last you should still get butterflies when you're with them.

**How did you know you found "the one"? Share below.**