

Jennifer Lopez's Backup Dancer, Tera Perez Talks Relationships, JLo, Casper, and New Docu-series, 'A Step Away'



By Priyanka Singh

“Every superstar needs backup”, and that’s exactly what world-class superstar Jennifer Lopez gets as she begins her tour with the hottest, most talented group of dancers, one of which happens to be JLo’s stand-in dance captain, Tera Perez. This vibrant and driven dancer spoke with CupidsPulse.com about the new docu-series, *A Step Away*, which airs on Thursday, October

3rd on NUV0tv at 10/9c. The show gives us an intimate behind-the-scenes look at the lives of these backup dancers on the road as they balance love, relationships, work, family, and so much more.

Touring across the globe, rehearsing for several hours a day, being far away from home...how do these dancers handle this hectic lifestyle? Perez reveals that, on the show, viewers will see a mix of everything since they are such a dynamic group of people outside of all the glitz and glamour. She also opens up about her own experiences of touring while being in a relationship with backup dancer, Lake Smits, who is also part of the group. "I have to say, I'm really lucky. I've gotten to experience being on the road with Lake and travel the world, spending every minute possibly with him for the past year and a half." Perez considers herself fortunate for not having to deal with the struggles of a long-distance relationship on tour, but she still deals with the obstacles of being surrounded by each other all the time.

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One of the biggest challenges they face as a couple is keeping work separate from home. "Sometimes, you're stressed out. You're tired and frustrated, and you're in pain from doing all these numbers. Your body is aching, and you're with each other 24/7, doing the same thing. Not bringing that work home was definitely our biggest obstacle." However, the couple is still going strong: They plan to live together after the tour.

Of course, we had to ask Perez what it was like working with Lopez, one of the biggest global superstars in the entertainment business. "She doesn't let anything slide. You always have to be on your A-game with her because she notices everything! That's probably the biggest challenge, but she pushes you to be a better person."

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JLo's love life comes up in discussion too since her boo, Beau Casper Smart, happens to be the choreographer. Of their relationship, Perez says, "They're really great. They have great chemistry and a great creative partnership." She went on to parallel their two love lives and how it's unique to see their two relationships play out together on tour. "They have their's, and we have our's. You see it for exactly what it is, and it's just this great chemistry and love for each other."

Be sure to tune in for A Step Away tonight on NUV0tv at 10/9c!

How do you balance work and love under a tight schedule? Share your thoughts below.