

Katy Perry Opens Up About Divorce from Russell Brand



By Kerri Sheehan

Barbara Walters should never be kept waiting. Pop princess Katy Perry learned that the hard way when she was running late for their December 2011 interview. At the time the 'Roar' singer was going through an extremely rough time in her life. UsMagazine.com reported that the 'Firework' star dished to Billboard in a new interview, "I shouldn't have done the interview: I was playing Madison Square Garden that same night, and I knew that the end of my marriage (to comedian Russell Brand) was coming." After the divorce Perry found herself depressed and fighting off suicidal thoughts. Perry is now worlds away from where she was two years ago. She has been enjoying her life with boyfriend and singer John Mayer. Perry gushed over her new beau saying, "He literally is a genius,

as is evident from his songwriting!”

What are some ways to cope with a fresh breakup or divorce?

Cupid’s Advice:

Breakups suck! Let Cupid help guide you through the rough waters:

1. Girl’s night: Nothing makes a girl feel as good as a night spent with her closest friends. They can help you make sense of all the emotions you’re feeling post breakup and be your rock when you feel weak. Invite your girlies over for a fun night and don’t forget the ice cream and chick flicks!

2. Clear out: Get a big shoebox and fill it with anything that reminds you of your ex. Not having these items in plain view will keep your mind from wandering back to your former fling.

3. Move on: This point may take a while to get to, but it’s so important to get back into the dating game as soon as you feel ready. Seeing what other guys are out there won’t keep your longing for your ex.

How do you cope with breakups? Share below.