

Liam Hemsworth Stops Following Miley Cyrus on Twitter



By Kristyn Schwiep

Liam Hemsworth and Miley Cyrus have called it quits and he's stopped following Cyrus on Twitter. According to [UsWeekly](#), the *Catching Fire* actor was photographed with Eiza Gonzalez at XS nightclub at the Encore hotel. "He is over her and wants to make a clean break ... no more back and forth," friends have told *UsWeekly*.

What are some ways to quickly get over your ex?

Cupid's Advice:

Getting over you ex can be a long, drawn out process, but there are some things you can do to speed up the process.

Cupid has some advice for you:

1. No contact: Not contacting your ex is the hardest part of a breakup. It's hard not to text or call them when your sad or need something, so you need to do everything you can to not contact them. If you keep in touch you are asking for months of an on-again-off-again relationship.

2. Avoid their friends: Being in a relationship means that you and your ex start to have mutual friends. So, you might need to make some sacrifices and cut of your mutual friends so you don't have the temptation to re-kindle a burnt out flame with our ex.

3. Social media clean-up: It may seem a little extreme to delete your ex off of Twitter or Facebook, but seeing them pop up on your news feed every day will not help you get over them. So, delete your ex from your friend list to avoid seeing what they are doing.

What are some ways you moved on from your ex? Share your stories below.