

# Are Taylor Swift and Jake Gyllenhaal a Couple?



Country crooner

Taylor Swift and hunky actor Jake Gyllenhaal are the center of many celeb relationship rumors as of late. The pair have been spotted together multiple times around New York City, reports [E! Online](#). The duo was first seen flirting backstage at Saturday Night Live, which Swift's pal Emma Stone was hosting. The weekend continued with a romantic stroll through Brooklyn's Park Slope area, and they were later spotted doing lunch with Stone at Al Di La restaurant. At lunch, Swift was uncomfortable and spoke rarely. Gyllenhaal, however, was beaming, talking to waiters and cracking jokes. The pair seems to be sending mixed signals. Is this a PR stunt or real infatuation?

**What are some signs that you are more than just friends?**

**Cupid's Advice:**

When dealing with insecurity and stress, it's hard to cross the friend boundary. To help ease your worries, here are a few tips to help you decide when the time is right to take the plunge:

**1. Physical attraction:** If you and your "friend" find yourselves hugging more than usual and holding hands when usually you only pat each other on the back, then something has probably changed in your relationship. Friendship with active physical attraction is on its way to more than that.

**2. Discomfort:** Hanging with your pal should be fun and easy. If you catch yourself worrying over your makeup and an outfit, then chances are you have some hidden feelings for your friend.

**3. Frequent calls/texts:** If you and your friend talk or text constantly, then you are both thinking of each other a lot. Your pal is constantly on your mind and vice versa. This could mean that the two of you care more for each other than you initially thought.