

# Jason Kennedy Says He's 'Trying to Look Cool' Around Lauren Scruggs



By April Littleton

Jason Kennedy and Lauren Scruggs haven't been dating for that long, but they already can't get enough of each other! The couple recently spent some time together at the Villa del Palmar in Mexico, where they went kayaking and paddleboarding. "I am probably the least adventurous person, but I'm trying," he told [People](#). "I'm trying to look really cool around her, letting her know that I'm trying new things in life. I'm down to do whatever."

**What are some ways to impress your partner while being yourself?**

**Cupid's Advice:**

Everyone wants to impress the person they're dating. They want their significant other to know they're in a relationship with someone who is comfortable in their own skin. Impressing your partner isn't just about how much money you can spend on them. To truly be impressive, you have to do a little work on yourself. Cupid has some advice:

**1. Be confident:** If you really want to impress your significant other, all you have to do is show a little confidence. Don't be ashamed of who you are! Grace your date with your best smile and make plenty of eye contact. Everyone has flaws, but it's how you deal with them that matters. If you're comfortable being yourself, your partner will be relaxed around you as well.

**2. Dress the part:** If you feel confident, you have to look the part too. Get a new wardrobe that shows off your personality. Keep your hair and nails trimmed and clean and grab that new cologne/perfume you've been eyeing at the store. Keeping your hygiene well maintained and your appearance up will prove to do wonders for your relationship.

**3. Take an interest in their hobbies:** Your honey will be pleased with you if you take an interest in some of the things they like to do. Remember, your partner is a part of your life now, so it's only natural to incorporate some of their daily activities with yours. You might be a homebody, while your significant other is an adrenaline junkie. Doing a few things that will take you out of your comfort zone will show your love you're willing to be open-minded and try new hobbies.

**How do you impress your partner while being yourself? Comment below.**