

NoGamesLove Video Dating Tips: The No Games Guide to True Love



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on True Love

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House shares ten tips for finding The One *without* playing games. Even if you aren't ready for a committed relationship, this advice can

help you stop wasting your time with men who don't see your worth. First and foremost, the dating expert says to throw away your checklist. Think about where this list came from and how it may be boxing you in. You're creating paper perfect, which has nothing to do with chemistry or the things that actually matter. You'll know if a guy meets your must-haves without having to consider a silly list! Watch this week's video for nine more tips.

For more information about our dating mentor, click [here](#).

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How did you stop playing games in your relationship? Share your story in the comments below!