

Khloe Kardashian's Husband Lamar Odom Checks Into Rehab



By Kristyn Schwiep

Basketball player, Lamar Odom, has checked himself into a drug and alcohol rehabilitation center to take his first steps toward recovery. Odom's addiction has caused issues with wife, Khloe Kardashian. According to UsMagazine.com, "The addiction had taken over their marriage." Kardashian has not spoken much on the issue, but has written cryptic messages on Twitter: "As much as I wish I were made of steel...I'm not. I'm pretty damn close to it though hehe."

How do you support your partner through treatment for an addiction?

Cupid's Advice:

Dealing with addiction can add a lot of pressure for both you

and your partner causing strain on your relationship. So what are some ways that you can support your partner through treatment for an addiction? Cupid has some advice for you:

1. Be positive: When your partner is going through treatment for an addiction it is your job to be their biggest cheerleader. Make sure that you are being positive and show them that you care about them and are there for them during their recovery.

2. Love them: Even though addiction is not to be praised, there is a difference between loving your partner and loving their addiction. Show your partner that you love them, but not their addiction. When you show your partner how much you love them it is easier for them to steer clear of drug or alcohol use.

3. Find new activities: Find ways to take your partners mind off the drugs. Start exercising together or participate in community service. Doing things together will help you grow together and help take your partners mind off the past so they don't relapse.

What are some ways you can support your partner through treatment for an addiction? Share your thoughts below.