## Annette Bening Stars in 'The Face of Love'





By April Littleton

Directed by Arie Posin, *The Face of Love* is about Nikki (played by Annette Bening) who still can't seem to get over the death of her husband. While still mourning the loss of her late spouse, she falls for an art teacher who happens to look exactly like her deceased partner. As Nikki grows increasingly delusional, her new lover Tom (played by Ed Harris) starts on a journey to figure out the mystery behind her loss.

## Should you see it:

Even though this movie falls under the romance genre, *The Face* of *Love* is sure to be filled with unexpected laughs considering the fact that Robin Williams, Amy Brenneman and Jess Weixler are just a few of the A-lists who will be included in this film.

Who to take:

The Face of Love would be great to see with a group of your closest friends. If your boyfriend/girlfriend doesn't mind a sappy movie here and there, think about taking them along as well.

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What are some ways to get over the death of a partner?

## Cupid's Advice:

Losing someone you love is tough. It's natural to feel as though you'll never be able to share your heart with another person again, but eventually you'll have to move on and start to live your life. Nobody will ever take the place of the love you lost, but maybe you can make room for something completely different than what you had. Cupid is here to help:

1. Take you time: There's no pressure when it comes to how long it takes for you to grief and get over your tragic loss. Don't rush the process just because you think that's what your late honey would want. He/she would want you to heal on your own time. Dating should be the last thing on your mind while you get yourself back together. If you're looking for a bit of company, spend more time with your family friends.

2. Distract yourself: Instead of letting yourself wallow in sadness, take up some new hobbies to help distract yourself from the pain. Start hiking, take a painting class, join a support group or show some interest in things that you used to before the tragedy happened. Anything you can do to take your mind off of what happened will help you in the long run.

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**3. Remember the good times:** When you find yourself thinking about your late loved one, reminisce on all of the good times instead of the bad. Focusing on the positive of your

relationship rather than the negative will help you with any feelings of guilt or resentment. It'll take some time, but you will get through this.

How did you get over the death of a partner? Share your experience below.