

Michael Douglas and Catherine Zeta-Jones Separate



By Kristyn Schwiep

Catherine Zeta-Jones and Michael Douglas are taking a break. According to [People](#), the celebrity couple hasn't been photographed together since April 22 and they have been vacationing separately with their kids. The couple has not filed for divorce and they hope they can work out their differences. "They want the best for their kids no matter what happens," said a source.

What are three reasons to take a break from your relationship?

Cupid's Advice:

Deciding whether or not you need to take a break from your relationship can be difficult. So when should you take a break? Cupid has some advice for you:

1. Different goals: Being in a relationship with different goals can be tiring. Even though at one point you might have had the same goals, people change their direction. If your goals are different and it doesn't seem like you guys can agree on the same path its probably time to take a break and think about what you two really want for the future.

2. Fighting: Fighting all the time with your partner is unhealthy and tiring. Fighting every now and then is common in a relationship, but if it the only communication that you two have anymore it is time to re-asses the relationship and take time apart.

3. You're not happy: The relationship that you are in should always make you happy. Happiness means a lot and you and your partners happiness should be important. If one of you are not happy it is time to go your separate ways for a little and see if you can find happiness elsewhere.

What are some reasons you have taken a break from your relationship? Share your stories below.