

# 'Don't Be Tardy' Star Kim Zolciak Is Expecting Twins



By Kristyn Schwiep

Kim Zolciak is expecting twins. Zolciak announced via Twitter that she had a “VERY exciting and personal announcement!!!” According to [People](#), the *Don't Be Tardy* star “couldn't be more excited” about adding two more little ones to her brood. Zolciak is already the mother of four children. She said twins do run in the family, but she was completely shocked.

**How do you prepare for twins versus a single child?**

## **Cupid's Advice:**

Having a baby is an exciting and stressful time in any parents life, but having two can add more stress than normal. So how do you prepare for twins versus a single child? Cupid has some advice for you.

**1. Get organized:** Get organized early. Make sure your hospital bags are packed, the nursery is set up, stock up on all the essentials, etc. Being organized early in the game will make your life a lot less stressful once the baby is born.

**2. Keep sane:** Being a mom of new born twins is going to be stressful so make sure you keep yourself sane. Learn to ask for help from others when you need it. Also, don't isolate yourself because it can become very lonely so invite friends and family over to share this exciting time with them.

**3. Routine:** A part of getting organized is keeping organized with a routine. Make charts to help you remember which baby had slept, been fed, changed, etc. Also, divide tasks between both parents because it will make it a lot easier to get everything done.

**How did you prepare for twins? Share your stories below.**