

'Bachelorette' Desiree Hartsock Says 'Love Can Be Unpredictable'



By April Littleton

Desiree Hartsock took to her blog on [People](#) to thank everyone who watched her journey to find love on the latest season of *The Bachelorette*. " I appreciate the encouraging words from many and the understanding that love can be unpredictable." Ultimately, Hartsock chose Chris over Drew because she felt her relationship with him "didn't move forward" after their date in Antigua.

How do you roll with the ups and downs of a relationship?

Cupid's Advice:

Dealing with the ups and downs of a relationship can be complicated, but love isn't perfect. In order for you and your partner to be happy you must learn how to properly handle any bumps in the roads that you're bound to hit. Cupid has some tips:

1. Don't ignore the issue: When you realize that you may have a problem, confront it head on. Some couples choose to neglect the problem, but this will only make matters worse. You may even end up breaking up because of it. Take the time to sort out why the two of you may be having issues. The sooner you talk about what's bothering you, the quicker you can find a way to solve the problem and get back to being the happy couple you once were.

2. Don't bring up the past: Once you decide to forgive each other for whatever wrongdoing may have occurred, leave that issue in the past. Constantly bringing up problems that aren't relevant to your relationship anymore is immature. Of course, couples fight, but that doesn't mean you have to bring up conflicts that occurred months ago. Let the past be the past.

3. Stay positive: When you and your honey are on the outs, think about all of the positive things the two of you have done together and how much the both of you have overcome. Don't focus on the negative. Rather than obsessing over the things your partner may do wrong, draw your attention to all of the things he/she does right. Your relationship will be better for it.

**How do you roll with the ups and down of your relationship?
Comment below.**