

Halle Berry Admits Pregnancy Was a 'Constant Challenge' on 'X-Men' Set



By Kristyn Schwiep

Halle Berry was faced with a constant challenge on the *X-Men: Days of Future Past* set. "I wasn't in [the movie] as much as I was meant to be," the 46-year-old actress tells U.K.-based magazine *Total Film*. According to UsMagazine.com, one of the obstacles she faced was her rapidly changing figure. "My ever-growing belly was posing a constant challenge!" she says. "What I could do was getting more limited, so the role I play is so different from what it could have been, due to my surprise pregnancy." Berry said she has learned over the years to have a better work-life balance. "As I've grown older I've really learned, out of necessity, the importance of leaving work at work," Berry said.

What are some ways to support your partner through pregnancy?

Cupid's Advice:

Being pregnant isn't easy, but there are a few things that you can do to support your partner through their pregnancy. Cupid has some advice for you:

1. Help plan: Help your partner plan for the baby. Talk with your partner about what you both want for your baby. Talking about your expectations when the baby arrives will make the pregnancy going a lot smoother if you both know where each other stands.

2. Attend doctor visits: Support your partner by making time to attend doctor visits. Being there for scans and monthly check-ups will show your partner that you care and provide them with that extra support they need.

3. The little things: Help with the little things. Let your partner sleep in, clean the house, or go pick up the groceries. Any little thing you can do to help and make it easier for your partner will go a long way.

What are some ways you supported your partner through pregnancy? Share your stories below.