

Brad Pitt and Jennifer Aniston Are Scheduled at the Same Film Festival



By Kerri Sheehan

The divorce of Brad Pitt and Jennifer Aniston is one of Hollywood's most talked about as it's eight-years-old, yet still manages to make headlines. Ex-lovers Pitt and Aniston may have a run in at the Toronto International Film Festival as both stars have movies set to premiere there. According to UsMagazine.com, Aniston's film *Life of Crime* also stars John Hawkes and Mos Def whereas Pitt's film *12 Years a Slave* costars Michael Fassbender, Benedict Cumberbatch, Paul Giamatti, Alfre Woodward and Chiwetel Ejiofor.

What are some ways to deal with seeing your ex after a bitter breakup?

Cupid's Advice:

While it would be ideal for your ex to move far, far away after your breakup, that is not likely to happen so a run-in with your former fling is probable. If you've ever gone through a bad breakup then you know running into an ex is the last thing you want to do. Cupid has some advice about how to deal:

1. Keep your head held high: The only way to get over the initial shock of seeing your ex is to let your confidence smack him in the face. Just go about your business as normal and try not to let your heart race out of your chest. If you're on speaking terms then a quick hello is encouraged, but don't run up to him right away, as that will appear too needy.

2. Play it cool: Although you've probably been acting out revenge fantasies in your head, there's no reason for your ex to know just how many times you've dreamed of him being forcefully ejected from the planet. The bitterer you act towards him, the more hurt he'll think you were by the breakup. As it's unlikely that you two will get back together there's no reason to play a sad puppy around him.

3. Don't stress: At the time the run-in will seem oh so dramatic, but in reality it's a very insignificant moment in your life. The insane urge to disappear into thin air or casually blend into the wall will go away once the encounter is over and you'll go about your life like the run-in never even happened.

What do you do when you see an ex? Share below.