

# Royal Baby: Prince William Says 'We Could Not Be Happier'



 By Kristyn Schwiep

The Royal Baby has arrived. On Monday, following the birth of his son, Prince William said, "We could not be happier." According to [People](#), William, 31, is spending his first night as a father at St. Mary's Hospital in Paddington, London, with his wife, Kate, 31, and their newborn son. Prince Charles, William's father, said "Grandparenthood is a unique moment in anyone's life, as countless kind people have told me in recent months, so I am enormously proud and happy to be a grandfather for the first time."

**What are some ways to support your partner through the first days with an infant?**

## **Cupid's Advice:**

Becoming a parent for the first time can make you overwhelmed with joy and fear and all sorts of emotions, but there are ways to keep it together. So what are some way to support your partner through the first days with an infant? Cupid has some advice for you:

**1. Let them have some alone time:** There is no question that the first days with an infant can be overwhelming and exhausting, so one of the nicest things you can do to support your partner is to take your new born and let your partner have some quiet time. Letting your partner rest for at least 30 minutes will go a long way. If you both let each other have some down time you will be able to put all your energy

into your new baby.

**2. Doing the small things:** Wake up in the middle of the night with your new born, change the diapers, any thing you can do to make it easier on your partner will show great support.

Doing something for your partner will give them something to look forward to.

**3. Support them:** Things can get a little crazy during the first days with an infant, so support your partner. Tell them they are doing a great job and that you are proud of them.

These words of encouragement will help your partner feel reassured and that they are doing a good job with your new baby.

**What are some ways you have supported your partner through the first days with an infant? Share your thoughts below.**