

Alana De La Garza Welcomes a Baby Girl



By Kerri Sheehan

Actress Alana De La Garza is bringing home a baby! The 36-year-old and husband, Michael Roberts welcomed a baby girl on July 7th. This is the couple's second child and they are ecstatic to expand their family. De La Garza dished to [People](#), "I was just overwhelmed with pure joy and love. I know it sounds cliché, but that's exactly how I felt."

How do you prepare for a baby girl over a boy?

Cupid's Advice:

There are a lot of things to take into consideration when a baby is on the way. Cupid has some tips for preparing for a baby girl:

1. Essentials: Make sure you have general items like stroller,

crib, and diaper bag before you get more classified with gender specific touches. By not specifying a gender for these items you and your partner are able to use them again if you have another baby.

2. Other children: If you have other children then it's important to prepare them for the baby's arrival. No doubt they'll be helping take care of the new baby so make sure they're as ready as they can be for the newborn to arrive.

3. Final Touches: Once you've prepared for everything else then you can get into the gender more. You'll probably want girly clothes and shoes for your baby to frolic in, so make sure you're stocked up on those, as babies are messy!

How did you prepare for a baby girl? Share below.