

# Lindsay Lohan Shows a Different Side in 'The Canyons'



By April Littleton

Directed by Paul Schrader, *The Canyons* is a story about a young couple trying to work through a past infidelity. Christian (played by James Deen) is a movie producer who works to maintain his trust fund by creating films. When he becomes aware that his actress girlfriend, Tara (played by Lindsay Lohan) is hiding an affair with another actor from him, his life takes a violent turn, filled with twists and unexpected misfortunes.

## **Should you see it:**

Lindsay Lohan has been out of the game for awhile. Fans of hers will more than likely rush to local theaters to see this film. *The Canyons* falls under the mystery and suspense category, so if you like to be kept guessing until the very end of a movie, this would be the one for you.

## **Who to take:**

Unfortunately, this movie is unrated, but rumors have been swirling around about sexually explicit scenes and plenty of nude flashes from *The Parent Trap* actress herself. So, naturally, it's not recommended to take young children to this movie. Would a movie about infidelity make a good date movie? Probably not. If you're still heartbroken over a breakup yourself, take a few of your close friends to see this movie. The destructive love story portrayed in the film might make you feel better about your own situation.

**Related:** [When Can You Trust Him?](#)

## **What do you do when your partner has cheated on you?**

### **Cupid's Advice:**

Knowing that you've been cheated on is probably one of the worst feelings in the world. You end up blaming yourself for your partner's actions and for everything that went wrong in the relationship. You're not sure if you want to forgive your significant other for his/her infidelities, or move on with your life and find someone who would treat you with the upmost respect. Cupid has some advice:

**1. Confront them:** In order for you to make a clear decision about your relationship, you need to confront your partner about their wrongdoings. If you have solid proof, show them. Ask them why they did what they did. Be prepared for whatever answers they may give you. Your love may lie to you or he/she

may admit to having cheated on you in the past. In any case, make sure you are mentally ready for the discussion before you go through with it.

**2. Think about it:** It's easy to cause on a scene the instant you find out your boo is cheating. Before you make any mistakes you'll regret, think about what you've just found out. Take a couple of days to let the information sink in before you bring it up. You might even want to share the bad news with some close friends you trust. They might have been through a similar situation and will have plenty of advice for you.

**Related:** [Your Partner Has Cheated. Should You Reconcile?](#)

**3. Let go:** Do you think your relationship is worth saving? Can you see yourself mending a relationship with someone who has cheated? You need to decide if you're willing to forgive or if you want to move on. Trust will always be an issue once infidelity becomes a problem in a relationship. If you can't trust who you love, what kind of future will you have with them?

**Have you had a loved one cheat on you? How did you deal with it? Share your experience below.**