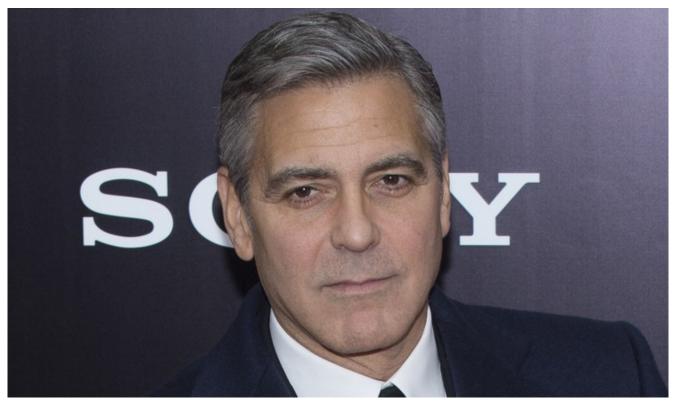
George Clooney Vacations in Lake Como Post-Split with Stacy Keibler





By Petra Halbur

The newly single George Clooney was spotted near his vacation compound in Lake Como, Italy, with friends last Wednesday, July 10. <u>UsMagazine.com</u> reports that the 52-year old actor appeared to be in high spirits despite his recent breakup with model, Stacy Keibler. The couple reportedly ended their 2-year relationship because of the amount of time Clooney had to spend away on location for work. "They hadn't had sex in months," a source confided. "He's been in Europe [filming Monuments Men], and she's in L.A., and they haven't seen each other in a long time. Some girls would be okay with

that and just be happy dating George, but not her." Another insider added, "No one got dumped. They both discussed it and realized it was better that they split."

How do you re-group after a heartbreaking breakup?

Cupid's Advice:

Breakups are hard to bounce back from. It's easy enough to tell yourself to move on but it's difficult to actually do so. Cupid is here to help put the pieces back together after a break up:

- 1. **Grieve:** A period of time in your life is over and that hurts. Give yourself some time to grieve and find some closure before moving on.
- **2. Get involved:** Volunteer at an animal shelter or food bank. A sense of purpose and accomplishment can do miracles to mend a broken heart.
- 3. Reconnect with others: Chances are, you probably put a few friendships on the back burner while you were involved with your former partner. Take this opportunity to reconnect with them. Remember: being single does not mean that you are alone.

How did you get your life back together after your break up? Tell us below.