

Busy Philipps Welcomes Second Daughter



By

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Busy Philipps and her husband, Marc Silver, welcomed a baby girl to their family last Tuesday. The happy couple has not chosen a name for their little girl yet, but a rep assured [People](#), "Everyone is healthy and happy." The baby girl is Philipps and Silver's second child. When Philipps spoke to *Huffington Post* in April, she mentioned that her 4-year old daughter, Birdie Leigh, was looking forward to being a big sister. "My daughter is super excited," the *Cougar Town* star said. "She's actually incredibly helpful and ... she's really understanding things, when I say like, 'Mom can't carry you right now because the baby in her tummy is pressing down on her bladder!' She understands what that means and she's cool

with it.”

How do you know when you’re ready to expand your family?

Cupid’s Advice:

Just because you know you eventually want a large family with several children doesn’t mean that you’re ready for that right now. The decision to add another child to your brood requires a great deal of thought and consideration. How do you know when you’re ready for another baby? Cupid is here to help:

1. You can afford it: No one likes to boil family matters down to money. However, the fact remains that you cannot live on love. If you are not financially stable enough to support a family that is larger than the one you have now, then you are not ready to have another baby.

2. You BOTH want it: By the time you’re in the delivery room, it’s too late to confess that, actually, you’re not sure you want more kids. You and your partner have to be very honest with each other about the kind of family you both want. You are not doing anyone any favors by bringing a child into the world that you do not want.

3. Your kids are ready to be siblings: Are the children you have now have emotionally mature enough to play second-fiddle to a newborn? Don’t assume they are just because they’re old enough to dress themselves. Every child is different. Talk to your children and see how they feel before you make decision that will dramatically effect their lives

How did you know that you were (or weren’t) ready to have another child? Tell us below.