

Daniel Radcliffe Loves the Single Life



Even though Daniel Radcliffe probably has the power to “cast a spell” over any woman he chooses, the *Harry Potter* star has vowed to remain single during his upcoming stint on Broadway. Radcliffe will be returning to the stage in “How to Succeed in Business without Really Trying,” and has told [Dazed and Confused magazine](#) that he wants to enjoy being single during the show, particularly because of his tempting cast mates. “I’ve been in relationships from the age of 14, and now I’m single,” said Radcliffe. “I said to a friend the other day, ‘Dude, I’m doing a show with dancers. I’ve got to be single.’” Radcliffe added, “He was like, ‘Don’t sleep with anyone in your own show. That’s a mistake.’ It’s good advice. But I’m not sure I’ll stick to it.”

Is there a point when playing the field goes too far?

Cupid’s Advice:

Like most fun things in life, casual dating and sex are great, but too much of a good thing can be bad for both you and those around you. Cupid has some thoughts on when dating around moves from harmless fun to harmful behavior:

1. Physically unhealthy: Carelessness during casual sex could lead to unwanted STDs or pregnancy, but no matter how much protection you use, there's no way to protect your brain. According to *Hooked: New Science on How Casual Sex Is Affecting Our Children*, sex causes the brain to release dopamine, which can lead to poor decision making. And oxytocin, which makes women feel a sense of trust and connection with their partner, is based on nothing, but the chemicals in their heads.

2. Mentally unhealthy: Some people deal with their fear of intimacy by refusing to get close to anyone and dating around instead. This fear stems from deeper problems, and if left unresolved, could escalate and prevent a real relationship from blossoming.

3. Addiction: Casual sex could be a mask for a burgeoning sexual addiction. According to PsychCentral.com, "a sex addict will continue to engage in certain sexual behaviors despite facing potential health risks, financial problems, shattered relationships or even arrest."

But enough with the downsides! Casual sex and dating can be fun, and healthy for you, too – in moderation.