

Celebrity News: Heather Locklear's New Love Interest, Dr. Marc Mani



 By Petra Halbur

Heather Locklear is in her first public relationship since she split with fiancé, Jack Wagner, in 2011. [People](#) reports that Locklear is currently involved with plastic surgeon, Dr. Marc Mani. Mani was listed as one of *Extra's* most eligible plastic surgeon bachelors in 2008 and he has frequently appeared on television as a plastic surgery expert. Locklear and Mani stepped out as a couple one-and-a-half months ago. They were most recently photographed leaving a Mexican restaurant together in West Hollywood on June 19.

How do you know when it's time to move on from a past relationship?

Cupid's Advice:

It's reasonable to go through a grieving period after the end of a relationship. Eventually, though, you have to move on. How do you know when you're ready? Cupid is here to help:

1. You've readjusted to single life: Strange as it may sound, it's probably best to wait until you're reaccustomed to single-living before you jump into another relationship. As wonderful as romance can be, it's important to not become so dependent on it that you're incapable of living life on your own.

2. You really are over it: If you're still crying yourself to sleep every night, whispering your ex's name in the darkness,

then you're not ready for another relationship. You are simply not emotionally prepared to invest in another person yet. Take some time to heal. There really is no rush.

3. You've reaccessed your priorities: You probably changed a bit (or a lot) during your relationship. Your goals, priorities and interests may have changed. What you were looking for in a partner the last time you were single may no longer be what you want or need. Consider this before getting back in the game.

How did you know that you were ready to move on after a relationship? Tell us below.