

# Khloe Kardashian Says Kim Kardashian and Baby Are 'Healthy and Resting'



By Kerri Sheehan

The Kardashian clan grew by one this week when celebrity couple Kim Kardashian and Kanye West welcomed a baby girl into the world. The baby arrived five weeks early, but Aunt Khloe Kardashian assured fans that all is well, according to [UsMagazine.com](http://UsMagazine.com). "Mommy/baby are healthy & resting. We appreciate all of the love," tweeted Khloe on Sunday June 16<sup>th</sup>.

**What are some ways to congratulate a new mom?**

## **Cupid's Advice:**

Having a baby is one of life's greatest joys. Cupid has some ideas of ways that you can congratulate a new mom:

**1. Send a card:** If you're a mother yourself then you can write about your own experience with raising children. The first few weeks after giving birth will likely be the hardest for a new mother so some words of encouragement will go a long way.

**2. Offer to babysit:** It will probably take a few months until a new mother is comfortable enough with leaving her baby's side, but let her know that when the time comes you're willing to babysit. This will show that you're supportive of the changes she will have to make in her life.

**3. Gift basket:** Having a baby means needing a ridiculous amount of things that you never even thought of before. Throw together a basket of baby things you think the new mom may have forgotten.

**How would you congratulate a new mom? Share below.**