

Courtney Cox & David Arquette Split

After years of irreconcilable differences, Hollywood couple Courtney Cox and David Arquette have announced their official separation. The two have been married for 11 years. Ironically, this romance began when they met on the set of *Scream* in 1996. They now have a six-year-old daughter named Coco, whom they both adore. As Cox and Arquette recently told [People](#), "The reason for this separation is to better understand ourselves and the qualities we need in a partner and for our marriage. We remain best friends and responsible parents to our daughter and we still love each other deeply. As we go through this process we are determined to use kindness and understanding to get through this together." Though this separation may appear drama-free, it seems the marriage was not. The media has reported repeated arguments in the past.

How can you put an end to the "same old fights" in your relationship?

Cupid's Advice:

Irreconcilable differences are the number one cause of breakups and divorces. No matter how big or small these issues are, many couples tend to have the same fight over and over. In order for a relationship to grow, these ongoing issues need to be worked out:

1. Seek the advice of a third party: Sometimes all you need is the counsel of a completely uninvolved third party to help you and your partner come to a compromise. This can be, but doesn't have to be, a marriage counselor; however, a mutual friend could also do the trick.

2. Recognize the problem: As soon as the "same old fight"

begins, look for the redundancies. Write down the problem. Sometimes it's better to see it on paper. This can be the first step to working things out.

3. Reevaluate the relationship: If after countless tries to work out your issues you are not any closer to finding a solution, then perhaps you're not right for one another. It may be a hard thing to face, but it could be time to move on.