

Jersey Shore's Ronnie Regrets How He Treated Sammi



Jersey Shore's Ronnie Ortiz-Magro is full of regrets for cheating on girlfriend, Sammi Giancola, during filming for season 2 of their hit reality show. "When I saw myself in the club with those girls [it] was, 'Wow, you're the man right now at the club. You look f—ing awesome,'" he told MTV. "And then when I go home to Sam, I'm like, 'Wow, I'm embarrassed. I'm ashamed of myself. I'm embarrassed about what I did to her.'" Ronnie may be acknowledging that what he did was wrong now, but castmates Snooki and J-Woww originally let the news slip to Sammi about his indiscretions in a telling note. It seems that Sammi has been able to at least partially get over Ronnie's mistake, though, as she only has good things to say about him. "I think he is actually really trying to show me

the good instead of the bad," she told MTV last month.
"That's what I hold on to all the time."

Is it okay to forgive your mate after he/she cheats?

Cupid's Advice:

Sometimes cheating is considered a one-time end-all in a relationship. Well, it's definitely true that the trust between a couple is severely damaged when one partner cheats on the other, but it's not always necessary to call it quits after an indiscretion. Cupid has some things to consider before making a definitive decision:

1. Forget your pride: Before making a decision on whether you're capable of forgiving your mate after he or she cheats, it's important to keep your pride out of the equation. A relationship isn't about what looks good to the outside world.

Consider only what you think and how you feel about the matter, and go from there.

2. Consider the details: There are various types of cheating, with differing types of meanings attached. Talk to your partner, and try to figure out why he did what he did. Is he unhappy in your relationship? Was his judgment impaired at the time? Did it mean anything?

3. Love: Here's the ultimate question: do you love your mate?

If the answer is "yes," it becomes even more important to thoroughly think things through before making a rash decision.

It may or may not be true that "love isn't everything," but it's certainly a very important thing to consider.