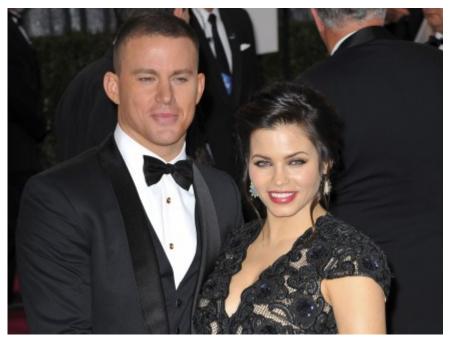
Channing Tatum and Jenna Dewan-Tatum Welcome a Baby!





By Petra Halbur

On May 30, Channing Tatum and Jenna Dewan-Tatum became parents to a baby girl in London. Unfortunately for the couple, there will be very little downtime to enjoy parenthood in the upcoming months as both mother and father will begin filming separate projects in July. "We're going to actually have the baby in London while I'm shooting [*Jupiter Ascending*] and then there will be no downtime whatsoever after that," Tatum told Ryan Seacreast in a recent interview. However, a source assured <u>UsMagazine.com</u> that Tatum and his wife's highest priority will be their daughter. "The baby will get top billing as far as priorities go," the source said. "Channing is going to be the most adorable, hands-on daddy ever and do whatever is necessary to make sure Jenna can balance it all."

What are some ways to balance your career and parenthood?

Cupid's Advice:

"A baby changes everything." If you're expecting, you've probably been told this. Overused though that phrase may be, it *is* true. As a parent you will have to decide how to balance your career with your child's needs. Cupid is here to help:

1. Consider the longterm: Ask yourself, in 18 years, what will you regret more: the sacrifices made to your career, or the time you missed with your child? There's no right or wrong answer. Be honest with yourself and act accordingly.

2. Know that you can't do everything: So many parents wrack themselves with guilt when they realize they can't be fulltime parents and full-time professionals simultaneously. Don't do this to yourself. Accept your limitations. You're not a failure. You're human.

3. Decide what YOU want: Don't let other people tell you what's best for your family. If you decide with your spouse that you want to be a stay-at-home parent or continue with your career, then that's what's best for your family.

How did you balance your career with parenthood? Tell us below.