

# Blake Shelton Opens Up About Marriage to Miranda Lambert



 By Petra Halbur

Blake Shelton and his wife, Miranda Lambert, have found the key to a successful marriage: humor. Shelton spoke to [People](#) about his propensity for teasing his wife. “I’m always pestering her,” he said. “I just cannot get enough because she gets irritated so quickly.” Shelton and Lambert’s willingness to laugh at themselves has helped the couple face the constant media scrutiny that they have been under since they married two years ago.

**What are some ways to keep humor in your relationship?**

## **Cupid’s Advice:**

Levity can get lost in the daily stress of a relationship. Maintaining a sense of humor, however, is vital to a healthy, happy relationship. Cupid has some ideas:

- 1. Laugh at yourself:** If you want humor in your life, you’re going to have to laugh at yourself. Self-deprecating humor, within reason, is a great way to lighten the mood and relieve tension.
- 2. Set boundaries:** You and your partner should establish which sensitive topics are off-limits to jokes. This will free you both to poke good-natured fun at each other without fear of hurt feelings.
- 3. Schedule comedy:** As strange as it may sound, incorporate comedy into your schedule. Go out to a comedy club together or watch a funny movie at home. The endorphins will do wonders

for your relationship.

**How do you keep humor in your relationship? Tell us below.**