

# Taylor Swift is Careful About Love



After a hectic couple of years, Taylor Swift graces the cover of *Glamour* Magazine looking like a new, more mature woman. And why not? In the past couple of years, the 20-year-old singer has had to deal with everything from a breakup with actor Taylor Lautner to Kanye West's infamous interruption at the 2009 VMAs. [HollyScoop](#) reports that Swift was especially open about her love life in her interview with *Glamour*, where she said, "I don't seem to have any real strategy or pattern when it comes to love... At times I've been really guarded and careful and afraid to trust someone. But other times, you want to jump in headfirst... I've been careful in love. I've been careless in love. And I've had adventures I wouldn't trade for anything." To hear even more of her honest opinions about life and love, check out Swift's new album *Speak Now*, out October 25.

## Can being too cautious hurt your chances at love?

### Cupid's Advice:

Past experiences can teach us to be wary of love, but being overly cautious might lead to missing out on great experiences. Cupid has some ideas about why you should never lose your childish enthusiasm:

**1. Have no regrets:** Taking chances when it comes to love means giving it your all and not holding back. If you're too afraid to go for it, you might regret it for the rest of your life. If things don't end up working out, at least you know you tried.

**2. Make a good impression:** Being overly hesitant might give the opposite sex the impression that you're guarded or indifferent. Show you're willing to take risks so people know that you're dedicated to finding love.

**3. Don't miss out:** Let's face it: by playing it safe, you're missing out on all the fun! You know those "adventures" Taylor Swift talks about? They're what makes life exciting, so go ahead and take a chance!