

Celebrity Couple: Rob Pattinson Put Kristen Stewart 'Through the Ringer' Over Affair



By Petra Halbur

Robert Pattinson and Kristen Stewart may have only recently split up, but their relationship had been on rocky ground for some time prior to the separation. Pattinson, it seems, had a difficult time letting go of Stewart's affair with *Snow White and the Huntsman* director, Rupert Sanders. "He really put her through the ringer," a source told UsMagazine.com. The source also said that Pattinson held the scandal over Stewart's head and frequently brought it up in arguments. "Ultimately, it was

like, 'Either we move past this or we don't. It wasn't good for either of them.'

What are some ways to move on after your partner has an affair?

Cupid's Advice

An affair doesn't have to mark the end of your relationship if you and your partner don't want it to. That said, getting over infidelity is far easier said than done. Cupid is here with some advice to help you move on:

1. Human frailty: Your partner messed up. *Big time.* If you still want to salvage your relationship, though, realize that everyone makes mistakes.

2. Everything on the table: Withholding your true thoughts and feelings from your partner will not do either of you any good. Playing nice will only mend things on the surface. Absolute honesty is vital to the healing process.

3. Discuss values: Monogamy isn't for everyone. If your partner isn't capable of (or interested in) fidelity, you need to decide if this relationship is really worth saving.

How did you get past your partner's infidelity? Tell us below.