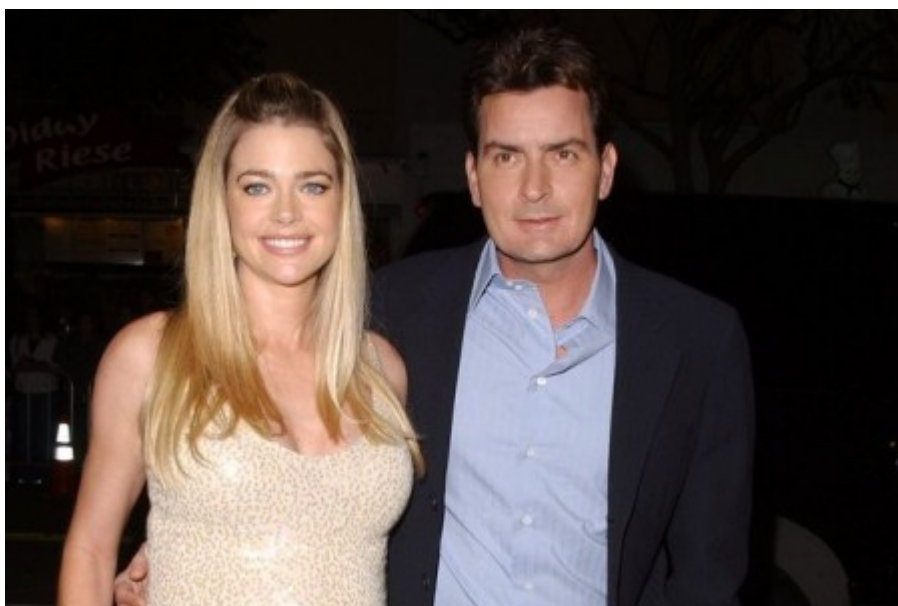


Celebrity News: Denise Richards Says She Enjoys Hanging with Ex Charlie Sheen



By Kerri Sheehan

Last week Denise Richards dubbed Charlie Sheen the “greatest ex,” after he arranged for his jet to fly her home in time for Mother’s Day. This week Richards is giving more insight as to how the two keep their relationship friendly. According to [People](#), Richards revealed that she feels, “One can feel one way and one can feel another way, and there’s lots of feelings and emotions there, but at the end of the day we want our daughters to benefit by us getting along. For myself, I don’t want to have an unhealthy relationship with him ... life’s too short for that and we actually enjoy hanging out and being with the kids, and it’s much easier.”

What are some perks to remaining friends with an ex?

Cupid's Advice:

Staying friends with an ex is often beneficial, especially when there are kids involved. Cupid has some reasons why:

1. Keeping your group of friends intact: Being in a long-term relationship with someone means you're bound to garner the same group of friends. By staying friends with your ex you will be able to ensure that you won't lose any friends in the process of breaking up.

2. Raising the children: If there are kids involved then it's vital to keep the relationship with your ex as civil as possible. Raising kids in a hostile environment will force them to feel the tension constantly. They also may feel forced to pick a side (mom vs. dad) and that's not fair to anyone.

3. Help with future relationships: Although it may take you two a while to reach this point, eventually you will be able to help each other out in the dating world. No one knows about your bad and annoying habits better than your ex so they can help you determine where your future relationship are falling flat.

Are you friends with your ex? Share your story below.