

Celebrity Relationships: Why Celebrities Prolong Their Engagements & Hide Their Wedding Plans



By Lori Zaslow and Jennifer Zucher, founders of Project Soulmate

It's no surprise that famous faces from Hollywood are pressured by their intense jobs and hectic schedules. The spotlight is always on them, but they don't want the same burden in their personal life. So how can they keep their romantic relationships out of the prying public eye?

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One way to feel in control is by prolonging their engagement, which ultimately adds time to the courtship phase of a

relationship. After all, what's the rush? For example, Miley Cyrus wants to focus on her career instead. She's young, and it's important that she accomplishes her goals first so that she can truly enjoy the engagement phase. Similarly, Kristin Cavallari, who's currently planning a July wedding, has been engaged to Jay Cutler since 2011, but they decided to focus on raising their son Camden before tying the knot.

Your relationship is supposed to be one of the most sacred parts of your life – which is why many celebrities also hide their [wedding](#) plans from the press. For instance, Jay-Z and Beyoncé tied the knot in 2008 in a top-secret ceremony that Beyoncé didn't speak about for six months after the fact! Justin Timberlake and Jessica Biel's wedding guests didn't even know the location of the event until right before the big day. Natalie Portman and Benjamin Millepied as well as Anne Hathaway and Adam Shulman are two more examples of celebrity couples who planned secret ceremonies.

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Of course, there are a few perks of a longer engagement, like lots of engagement gifts and more attention from friends and family. The only downfall to a longer engagement is...will they ever make it down the aisle?

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