

Celebrity News: Signs Robert Pattinson and Kristen Stewart's Relationship Was Crumbling



By Petra Halbur

According to reports, Robert Pattinson and Kristen Stewart have split up again. The *Twilight* couple has been on-and-off again since Stewart's highly-publicized affair with *Snow White and the Huntsman* director, Rupert Sanders. Though the pair reunited in March after a two-month separation, all did not remain well in paradise. While reps have not been reached, a source told [People](#) that a major indication of their relationship's demise was Stewart's absence from Pattinson's birthday celebration on May 13th. "It was very strange that they didn't celebrate Rob's birthday together ... Kristen was

not part of the celebration,” the source said. “For the past few days, they have not spent any time together.”

What are some ways to recover after a tough break-up?

Cupid's Advice:

Break-ups can be confusing, lonely and extremely painful. Recovery takes time. Cupid is here with advice for how to make this difficult process easier:

1. Take time for yourself: Enjoy the “me time” you might have been too busy for when you were in a relationship. Reopen some personal projects you put to the side. Watch your favorite movie. Eat your favorite food. You deserve it.

2. Don't blame yourself: Relationships are complicated and break ups don't necessarily have to be anyone's fault. Don't wallow in self-criticism but don't vilify your ex, either. This is a time to heal and assigning blame won't benefit anyone.

3. Don't give up hope: There's a reason why the saying, “There are plenty of fish in the sea” is cliché: it's true. Just because this relationship didn't work out doesn't mean you'll never find “the one.” Don't stop looking.

How did you get through your break up? Tell us below.