

Niecy Nash Says That “You’ll Manifest What You Believe” When It Comes to Love



By Kerri Sheehan

Finding true love is never an easy feat, but Niecy Nash knows how to make it happen. The host of “Let’s Talk About Love” on Yahoo! believes that humans are programmed to be in a relationship, yet the way women think nowadays limits their opportunities to find happiness. “You’ll manifest what you believe. If you believe that all men are dogs and that you’re the bottom of the barrel and have to take what you can get, then that’s what’s going to be handed to you.”

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It’s no secret that falling in love herself has been a recent

highlight in her life. As the newly-minted author explains, “The fact that I’m in love with love makes me available to try. It makes me available to want to be better.” To encourage other women to adopt a similar attitude, she filmed her 2011 wedding to husband Jay Tucker for a TLC special called *Niecy Nash’s Wedding Bash*. For her, the decision to do so was easy: “I knew so many women who were my age and single after having been married, and they said, ‘I’m just going to focus on the kids. I’m not going to worry about love anymore.’ I wanted to show them that you can get a do-over. And it can be better the second time around!”

It’s difficult for some people to adopt such a positive attitude, but for Nash, it’s just part of her personality. “Being a no-nonsense, straight-to-the-point type of person is who I am. It’s who I am as a parent, who I am as a lover, who I am as a friend.” And when she does get down, she usually bounces back quickly. “I’m very happy that I have a resilient theory and a resilient heart when it comes to love.”

The funny lady ensures that her marriage is a happy one by “celebrating *everything* and celebrating often” with Tucker. “Aside from birthdays and Christmas, we celebrate when we had our first date or even the first time we went to a certain restaurant.” She adds that finding time to laugh every single day helps keep their spark alive and their love fresh.

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Another way that she keeps her commitment strong is by surrounding herself with people who share her values and lifestyle. “When you’re married, you have to have a support system. You can’t just be married and still hang out with all of your single friends – that’s going to be problematic. You have to have people around you who are committed to the same things as you.” For the actress, that means spending time with best friend and co-host of *The View* Sherri Shepherd and husband Lamar Sally. In fact, the gang had just gotten

together for a double-date when we spoke to Nash.



Of course, Nash's life isn't all about love – she's got a hot career to focus on too! TV Land's *The Soul Man* got picked up for a second season, and she's reprising her role as Lolli Ballantine, the wife of Cedric the Entertainer. She's also starring in a new show called *Getting On*, which premieres on HBO in July.

There's no doubt that there will always be a lot of love and laughs in this newlywed's life.

You can purchase Nash's new book It's Hard to Fight Naked on Amazon. To keep up with the actress, follow her on Twitter @NiecyNash and Instagram www.instagram.com/NiecyNash1/. Be sure to check out her website <http://www.niecynash.com/> too!