

# Celebrity Pregnancy: Kim Kardashian Says She's Nervous and Anxious to Become a Mom



By [Jessica Conigliaro](#)

As a soon to be first time mom, Mother's Day had a completely different effect on Kim Kardashian. According to [UsMagazine](#), the pregnant 32-year old tweeted, "'Mother's Day is one of my favorite holidays because it's a special day to honor my role model and best friend," she wrote. "As I'm counting the days until I finally get to be a mother, I'm a bit nervous and anxious, but also excited knowing that I learned from the very best." Kardashian has also been getting baby advice from older sister Kim, who is a mother of 2.

## What are some ways to support your partner during pregnancy?

### Cupid's Advice:

You and your love found out there is a baby on the way a few months ago. As it gets closer and closer to the due date, your partner's nerves and concerns begin to intensify. Cupid is here to show you ways to ease their worried minds during pregnancy:

**1. Constant support:** The best way to show your spouse that everything will be fine is to be there every step of the way. Whenever your partner feels scared of being a parent, make sure you are by their side. This will show your love they are never alone. When it's time for the baby to come, they know you'll support the family no matter what.

**2. Tell them it's ok:** The idea of becoming a parent can be a scary one—and that's completely normal. Let your spouse know it is okay to have fears about having a child—and that you are nervous as well. They will feel comforted knowing they are not the only one worrying about the future.

**3. Get them excited:** Aside from all the responsibilities of becoming a parent, there are of course numerous joys that come with the territory. Remind your partner of the fun things to come—birthday parties, first steps, days at the park. Being a parent has its perks and knowing them will help to ease your love's worried mind.

**How did you support your partner during pregnancy? Share in the comments below.**