

# Celebrity Pregnancy: Rachael Leigh Cook Is Expecting Her First Child



By Kerri Sheehan

A baby is on the way for actors Rachael Leigh Cook and her hubby Daniel Gillies! The two have been married since 2004, but this is their first child. Cook has been filming the second season of TNT's *Perception* while with child. She told [UsMagazine](#), "I've been hiding my rapidly growing bump while shooting but this kiddo is vying for screen time. We clearly have a future actor on our hands."

**How do you balance your career and pregnancy?**

**Cupid's Advice:**

Trying to maintain your career while prepping for the arrival of a baby is no easy feat. Cupid has some advice:

**1. Stay focused:** It's hard to stay focused on your job when you have a little human growing inside of you, but you have to realize that business doesn't stop just because you do. Make sure that you keep up on all of your work as falling behind will only create extra stress for you in the future. Performing at an exceptional level while pregnant will impress your boss and show him or her that you can be relied on.

**2. Plan ahead:** Being pregnant comes with a lot of baggage. Morning sickness, mood swings, and extreme fatigue are all likely to come and go throughout your day. Make sure your desk is always stocked with an emergency kit to combat these symptoms. Be sure to include crackers, a washcloth, a tin of breath mints, a couple of energizing sweets, Tylenol, and perhaps a change of clothes for particularly awful days.

**3. Keep your eyes on the prize:** Throughout the pregnancy keeping your career intact may seem like an impossible feat, but if you focus it is possible. Never say never and always remember that there have been many before you who have kept both baby and their career together. At the end of it all you'll not only still have your job, but also a beautiful baby to share your accomplishments with.

**Have any advice about balancing your career and pregnancy?  
Share below.**