

Celeb Stylist Rachel Zoe & Brad Goreski Split



Celebrity stylist

Rachel Zoe and her assistant Brad Goreski have decided to part ways, reports [People](#). The amicable split between the two was brought on nearly a month ago when Goreski broke the news to Zoe. He tells *People*, "... there's a point where either I do it now or I'll never know what it's like to spread my wings and soar." With the duo being used as fodder for her show, *The Rachel Zoe Project*, Zoe speaks kindly of Goreski, "I don't want to hire somebody for the purpose of the show, we just got lucky. No one's ever going to be Brad to me."

Is it better to "test the waters" before committing to a relationship?

Cupid's Advice:

You shouldn't extend the inevitable by staying in a

relationship when one person wants to explore other options. Whether you're just starting out or you've been together for a long time, Cupid has some pointers for determining if your partner (new or old) is ready to settle down:

1. Start slow: Instead of dinner and a bottle of wine on a first date, agree to meet for coffee. People can have a fuzzy sense of belief or communication when alcohol is involved. Keeping it sober can help you get a sense of someone's level of commitment before you pencil him or her in for a Friday night.

2. Following the crowd: If you or your partner are surrounded by friends and family who are in relationships, this may be what's keeping you together. Watching others around you couple up could make you feel like the black sheep if you're the only single one. Explore your partners feelings about being serious and most importantly be upfront with yourself.

3. Be careful: Dating different people can be fun but eventually it could leave you feeling lonely. Before you decide to break it off with someone or say "no" to dating them, make sure that you're ready. Sometimes people break-up and end up regretting it for the rest of their lives.