

Celebrity Couple Jennifer Aniston and Justin Theroux Push Back Wedding Because of Celebrity Ex Brad Pitt



By Meghan Fitzgerald

Jennifer Aniston and Justin Theroux's celebrity wedding plans are slightly delayed due to her celebrity ex Brad Pitt and his current fiancé Angelina Jolie. [UsMagazine](#) reports that famous couple "Brangelina" are planning upcoming nuptials, and Aniston didn't want her own wedding to conflict with theirs. According to [NY Daily News](#), "She does not want her day associated with them." The Hollywood couple considered moving the date up, but Theroux didn't want to rush it.

Aniston postponed her wedding because of her celebrity ex. What are some ways to keep the thought of your past relationship from ruining your current one?

Cupid's Advice:

It's no surprise that Aniston didn't want her big day associated with her celebrity ex! It's important that an ex doesn't interfere with your current relationship, especially when it comes to your wedding. Cupid has some relationship advice on how to forget the past so that you can have a better future:

1. No communication: The simplest solution from keeping your ex from ruining your current relationship and love is ending all forms of communications with them. It isn't always easy, but it *is* possible. Work through the urge to call, text, or message them. By not allowing any opportunities for them to enter your life, it makes it more difficult for them to have a negative effect on your current relationship.

Related Link: [Celebrity Exes Ben Affleck and Jennifer Lopez Reunite at the Oscars](#)

2. Stay busy: If you want your ex to stay out of your head, keep yourself busy. Go out to eat with old friends; take up yoga; learn a language; or plan a picnic for you and your partner. Do everything and anything you can to keep your mind away from unwanted thoughts of your past relationships.

Related Link: [Jennifer Aniston Discusses Wedding Dates With Ellen DeGeneres](#)

3. Be happy: You are currently in a new relationship, so you

shouldn't be thinking about your ex. Those kind of thoughts will most likely result in negative feelings and repressed emotions. Try to focus on why your ex is an ex and think about how happy you are to have found another partner.

Have you kept the thought of your ex from ruining your current relationship and love? Share below.