

# Sharon Osbourne Says She's 'Devastated' by Ozzy's Drug Relapse



By Andrea Surujnauth

Sharon Osbourne recently spoke out about her husband, Ozzy Osbourne's prescription drug and alcohol abuse problem on an episode of her talk show *The Talk*. "Everybody knows he's been struggling with this his entire life and I never knew that he

was using prescription drugs,” she said, according to [UsMagazine.com](http://UsMagazine.com). “I knew he was drinking occasionally, but I didn’t realize to what extent. It’s our business – we’re dealing with it. We’re not getting divorced. However, am I happy? No. Am I upset? Yes, I am – I’m devastated right now. He’s been using alcohol and prescription drugs for the last year-and-a-half...and he has been in a very dark place. That’s true. It’s very true. It’s a disease that not only hurts the person that has the disease but it hurts the family,” she continued. “It hurts people that love you and we’re dealing with it.”

### **How do you help your partner fight an addiction?**

#### **Cupids Advice:**

Your partner has a serious addiction and you want to help them get over it. How can you do that? Find out below:

**1. Tell them to quit:** Tell your partner that you want them to stop. Tell them you want them to get help, and let them know you will be there for them throughout the process.

**2. Be supportive:** Find out what you can do to help them quit. Ask professionals what steps you should take from whatever program your sweetheart chooses to go through. Be there for them to show them you believe in them and you have hope for them. Don’t let them give up on themselves.

**3. Remove stressors:** Try to remove any stressors or triggers that will make them run back to their addiction. They are at a delicate moment in their lives so they need to be treated with care.

**How did you help your partner fight their addiction? Comment below and let us know.**