

'Ready for Love' Stars Ernesto Arguello and Ben Patton Discuss Reality Dating



By Andrea Surujnauth

These reality dating shows are not as simple as they look. According to Ernesto Arguello and Ben Patton from [Ready for Love](#), it actually entails a lot more heartache than television networks let on. "It is more stressful going to that garden than anything else," Arguello tells [People](#). Both him and Patton agree that letting women go is a difficult experience. "The garden is unreal," says Patton. "You're essentially breaking up with someone. You're not just saying, 'Hey, here's a rose for you. And you guys didn't get a rose,' and walk off." They also have to deal with the challenges of the kissing scenes. "It's like hearing your own voice on voicemail," says Patton.

What are some non-traditional ways to find love?

Cupid's Advice:

It's not easy to find love. Going out and meeting people is getting more and more difficult to do. What are some other ways that we can find love? Cupid has some suggestions for you:

1. Online: Some people don't have time to go out and meet people, and others may be too shy. Online dating sites are a great resource and sigles are starting to use them much more often. There are so many types of dating sites to choose from that you are bound to find someone who meets your criteria.

2. Social Media: While Facebook and social media sites are a great way to keep in contact with friends, some use it as a way to meet people and start new relationships. Technology has become such a big part in our everyday lives that meeting your future spouse on Facebook is as casual as meeting them in a coffee shop.

3. Speed dating: By attending a speed dating session, you are able to meet different people in a matter of minutes to see if they are worth going out with on a (second) date. This is helpful if you are normally too busy to be able to go out and meet people.

What are some non-traditional ways that you found love? Comment below and let us know.