

# Celebrity News: Earth Day In Hollywood How Celebrity Families Go Green



 By Jenny Schafer for Celebrity Baby Scoop

Hollywood is going green!

On April 22, more than one billion people around the globe will participate in Earth Day. In celebration, let's take a look at eco-friendly celebrities like Jessica Alba and Tori Spelling who inspire others to protect Mother Nature.

**Look through our list of high-profile families who minimize their carbon footprint.**

## **Tori Spelling:**

Tori Spelling and Dean McDermott are proud parents of four kids: sons **Liam**, 6, and **Finn**, 6 months, and daughters **Stella**, 4, and **Hattie**, 1.

The reality TV mama recently opened up to [Celebrity Baby Scoop](#) about going green "everyday," not just one day out of the year.

"Everyday is Earth Day in our house," Spelling said. "We definitely try to teach our kids to take care of the earth. Just the other day, actually, in fact it was in the playroom, Liam came up and said I turned off the lights in the playroom because I don't want the earth to get sick. It was really cute."

She added: "We teach all about recycling, we compost. We try our best to teach them how to take care of the earth."

## Jessica Alba:

From her chic sense of style, to her hands-on playdates at the park, to her eco-friendly business, we can't get enough of Jessica Alba. After creating The Honest Company last year, the mom-of-two is now promoting her debut book, *The Honest Life*.

"It's a colorful how-to guidebook for people who want to make a healthy and non-toxic home without giving up the fun fashionable things," Jessica recently opened up to Celebrity Baby Scoop. "I hope people will be inspired to make the ideas their own and find what works for them."

She went on to talk about modeling an eco-friendly lifestyle with husband Cash Warren and their two daughter **Honor**, 4, and **Haven**, 1.

"First and foremost, we try to model and practice eco-friendly habits for the girls," Alba said. "Otherwise, we talk to them about being mindful and explain that things can be turned into something else one day. This can be as simple as teaching them about recyclables and showing how to sort bottles and cans from trash."

She added: "We also do a lot of DIY crafts like using cardboard boxes to make airplanes and dollhouses—our creative playtime together similarly shows the girls about repurposing old items."

The *Sin City* star says involving kids in the process is not only fun, but educational.

"Involving children in gardening and cooking is another great way to inspire eco-friendly living," Alba shared. "Caring for the plants in our herb wall garden helps Honor understand the steps to growing food (including patience!), how it ultimately lands on her plate, and about being a good steward of the planet."

The proud mom added: "Honor is also a great sous chef when we're in the kitchen, so being a part of the dinner process encourages her to eat the foods she grows and develops her taste for fresh ingredients. Hopefully, this lays the foundation for children to prioritize their health and that of the planet."

### **Tiffani Thiessen:**

Audiences first fell in love with Tiffani Thiessen as Kelly Kapowski in *Saved by the Bell* and later Valerie Malone in *Beverly Hills, 90210*. Now we love her as event planner Elizabeth Burke in *White Collar*, and doting mom to 2-year-old daughter **Harper**.

The actress recently opened up to *Celebrity Baby Scoop* about the importance of leading an eco-friendly life.

"Earth Day is very important to us," Thiessen said. "I've always been a believer in being green. We as a family recycle. We grow our own veggies and we have water tanks that store rain water and we then use to water our yard."

**What are some of the ways you and your family celebrate Earth Day? Share in the comments below.**