

Celebrity News: Tom Cruise Celebrate's Suri's 7th Birthday



By Meghan Fitzgerald

Even though 50-year old actor, Tom Cruise has been travelling the world to promote his latest movie *Oblivion*, UsMagazine.com reports that Cruise still schedules family time with his daughter, Suri. Most recently, that means helping her celebrate her 7th birthday. [E! Online](http://E!Online) reports that he phoned into *On Air With Ryan Seacrest* and discussed how big of a planner he really is with her celebration. "Done already. All done," he said. "I take care of the kids early. You'll know – you have to plan ahead for these things. It's all done and all celebrated."

How do you stay involved in your child's life post-divorce?

Cupid's Advice:

Even if it may seem very difficult to remain in your child's life after a divorce, it is still possible. You can still be in their lives and not exactly be in your ex's life. Your marriage is obviously over, however, that doesn't mean in any sense that your family is over. Cupid has some more advice:

1. Remain civil with ex: It is essential to remain in a relatively civil relationship with your ex after your divorce. It is not going to be any easier to stay involved in your child's life if your relationship is constantly a battle. Although it will be challenging to do, attempt to stay in a healthy relationship with your ex, for your child. You now have to realize that it is not about your ex anymore, only about your child.

2. Talk consistently: It is easy to stay involved in your child's life post-divorce if you are always talking to them. Even if they do not wish to talk to you, talk to them five or ten minutes a day. Ask them how they are doing with everything. How their school life is. If they want to express any repressed emotions or feelings. Make sure they're aware that you are not in an way leaving their life.

3. Day trips: Create day trips with your child after your divorce. If they enjoy creativity and art, take them to a museum or an art lesson. Take them to the park and bring a frisbee, or play outside games. Pack a basket for lunch, and have a picnic outside. Plan trips your child may want to go in, it will increase your relationship with your kid and keep your involvement steady.

Have you stayed involved in your child's life post-divorce? Explain below.