

Celebrity News: Ozzy Osbourne Denies Divorcing Sharon and Admits to Drug Use



By Meghan Fitzgerald

[UsWeekly](#) reported that Ozzy Osbourne is purging himself of his unhealthy ways, "For the last year and a half, I have been drinking and taking drugs. I was in a very dark place and was an a-hole to the people I love most, my family. However, I am

happy to say that I am now 44 days sober,” Ozzy wrote on Facebook. “Just to set the record straight, Sharon and I are not divorcing. I’m just trying to be a better person.” Even if he is trying his best for his relationship, sources told [TMZ](#) that Sharon won’t get back together with him until he’s been clean for a while.

How do you help your partner through breaking an addiction?

Cupid’s Advice:

It’s never easy when your partner is battling an addiction, let alone trying to break their bad habit. It’s essential for you to be in their lives as much as possible and guide them on their way to sobriety. There are numerous ways to help your significant other in this fight. Below, Cupid offers three ways that you can be a positive influence:

1. Support Them: It is necessary to provide your mate with as much support as physically possible. You’re one of the few people who know your partner best. This being said, you know how their mind works and what they need to hear in order to keep themselves in check. To help them, be by their side through every meeting, appointment and session. It will not only help their recovery stay on track; it will also show them just how much you care.

2. Get Help: Even though you may think you’re capable of breaking your beau’s addiction on your own, you’re not. Your partner needs professional help. Make sure you can afford it; make sure that it’s nearby; and make sure it’s with someone you can trust. Most of all, make sure that your partner is willing to go. It’s essential for your mate to be open-minded and willing to truly try.

3. Show Love: Your partner is going through one of the hardest times in their life. Every chance you get, remind them how much you love them. Buy them small gifts and do special things

to brighten their day. Love will make the process easier for them. Remember that love makes the world go around and start spreading it!

Have you ever helped your partner through breaking an addiction? Tell us in the comments below.